



# LUNCH

TAKE OUT AVAILABLE  
403 678 3313

## SOUPS

**Daily Inspiration Soup** 6.95  
served with bread & butter

**O Bistro Onion Soup** 7.95  
served with Oka cheese over croûtons

## SALADS AND APPETIZERS

**Organic Baby Greens Salad** 6.95  
market vegetables, mixed greens tossed in red wine vinaigrette

**Tomato & Bocconcini Cheese** 8.95  
served with extra virgin olive oil, Balsamic vinegar, pesto  
fresh basil & organic baby greens

**Grilled Romaine Lettuce Hearts** 8.95  
shaved parmesan, garlic croutons, grilled pancetta,  
homemade traditional Caesar dressing

**Baby Spinach Goat cheese Salad** 11.95  
served with market fruits, berries & walnuts  
tossed in raspberry vinaigrette

**Pomme Frites & Aioli** 6.95  
Yukon Gold, Yam & Organic purple potatoes (in season)

**Traditional Poutine** 9.95  
pomme frites, Quebec cheese curd  
topped with homemade gravy

**Lake Brome Poutine** 14.95  
traditional poutine served with marinated Brome lake duck

## SALAD AS A MEAL

**Wild B.C. Salmon Salad** 16.95  
seared salmon over mixed greens, goat cheese,  
grilled almonds, warm citrus & caper vinaigrette

**Surf & Turf Salad** 15.95  
Sautéed prawns & marinated beef tenderloin,  
jasmine rice, organic baby greens,  
market vegetables & spicy Thai vinaigrette

## ALBERTA BEEF

**“O” Local Beef Burger** 14.95  
Lean beef patty from Valbella  
mixed green, sliced tomato, grilled pancetta,  
Quebec Oka cheese and O roasted red pepper aioli  
over Panini bread with pommes frites or house salad  
ADD SAUTÉED MUSHROOM OR SAUTÉED PEPPER & ONIONS 1.95

**Steak & Frites** 16.95  
6oz Alberta strip loin steak & pommes frites  
roasted red pepper aioli,  
Sautéed mushrooms, red peppers & onions

## EGGS, SANDWICHES & CRÊPES

SERVED WITH YOUR CHOICE OF  
DAILY SOUP OR POMMES FRITES OR HOUSE SALAD

**Cajun Omelet** 13.95  
spicy sausages, peppers, onions, tomatoes,  
Emmental cheese and Cajun spice

**Ole Breakfast Wrap** 12.95  
scrambled eggs, red & green peppers,  
onions, cilantro, salsa & sour cream

**“O” Club House Croissant** 13.95  
Chicken breast, bacon, brie cheese, tomatoes,  
mixed greens and roasted red pepper aioli

**Smoked Salmon Panini** 13.95  
served with melted Brie cheese, baby spinach,  
red onions, capers & dill

**Duck Confit, Prosciutto Wrap** 13.95  
served with caramelized onions, mixed greens,  
mango & goat cheese

**Mediterranean Sausage Panini** 13.95  
with cherry tomatoes, onions, roasted red peppers,  
black olives, feta cheese

**Wild B.C. Salmon Sandwich** 15.95  
Seared salmon, avocado spread, chives,  
roasted red pepper aioli on multigrain baguette bread

**Chicken Crêpes** 14.95  
chicken tenders, mushrooms and asparagus in a creamy  
white wine sauce gratiné with Oka Cheese

**Fisherman Crêpes** 14.95  
salmon, basa & halibut in a creamy Pernod sauce

**Vegetarian Crêpes** 13.95  
spinach, tomatoes, zucchini, asparagus, peppers,  
red onions in a tarragon rosé sauce

## PASTA

**Cajun Penne** 16.95  
prawns, chicken, Valbella ham, red peppers, onions,  
in a creamy Cajun sauce

**Grilled Vegetable Tomato Penne** 13.95  
fresh market vegetables in a tomato pesto sauce

**Smoked Salmon Penne** 15.95  
smoked salmon, mushrooms in a creamy dill & caper sauce

**Chicken Curry Penne** 15.95  
Chicken tender, sautéed mushrooms, onions & peppers  
in a creamy fruity curry sauce

## Extras

Add chicken or shrimp to salad or pasta 4.95  
Substitutions Onions soup 2.50 Poutine 3.95  
Sautéed mushrooms & onions 3.95

G.S.T. & gratuities not included, Thank you!

## BEVERAGES :

**Soft Drink** 2.95 (One Free Refill)

Cola, Diet Cola, Sprite/7up, Ginger Ale, Soda water, Tonic water

**Ice Tea** 2.95 (One Free Refill)

**Lemonade** 2.95 (One Free Refill)

**Juice** 3.25

Orange, Apple, Cranberry, Pinapple, Grapefruit

**Milk/Chocolate Milk** 2.75

**32oz Old Style Milk Shake** 7.75 Add 1oz of Bailey's or Crème de Cacao 2.00

Vanilla, Chocolate, Wildberry (mmm..... topped with whipped cream and a cherry)

**Virgin Ceasar** 4.25

**Sherley Temple** 4.00

**San Pellegrino sparkling water** 250ml 3.25 750ml 5.95

**Coffee/Decaf** 2.75

**Specialties Tea** 2.75

Red Rose, English Breakfast, Earl Grey, Green Tea, Camomille, Spice & Orange, Raspberry

**Espresso** 3.00 double 4.25

**Americano** 3.75

**Cappuccino** 4.00

**Latte** 4.25

**Hot Chocolate** 4.25

## WINE BY THE GLASS :

Daily selection from 8\$ to 11\$ per glass.

\*\*Ask your server about our limited monthly wine features provided by Canmore Wine Merchant\*\*

## CANADIAN & INTERNATIONAL BEERS :

We have a large selection of canadian and import beers by the bottle.

\*\*Ask your server about our monthly beer feature provided by The Oak Barrel\*\*

**DESSERTS :** Your server will be happy to tell you about today dessert selection.



Locally Owned and Operated  
*Chef Olivier Guin*

**FRESH TASTY FOOD CREATIONS IN A FRIENDLY ENVIRONMENT**